

E- COURSE - How to Engage Youth to Discover Their Dream Career and Adapt

Shoot for the
north star

CEUs for
Educators
& Counselors



Tools that Help Youth with Autism Spectrum &
Social and Emotional Challenges

 Jackie Marquette Ph.D

**GET 5 CEU'S with
this
e-course**



Pre-Approved Continuing Education

This strength-based work is intended to **1.** help the student to see personalized career possibilities, **2.** build skills in personal and social awareness, and **3.** create a healthy self-image for best adaptation and success.



STUDENTS:

*Neurodiverse

*Struggle to cope emotionally and socially

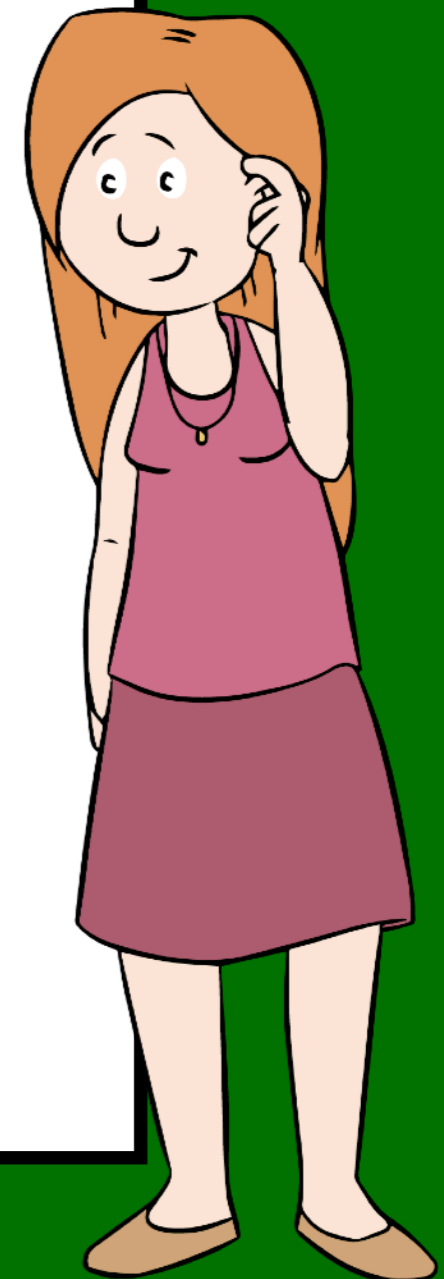
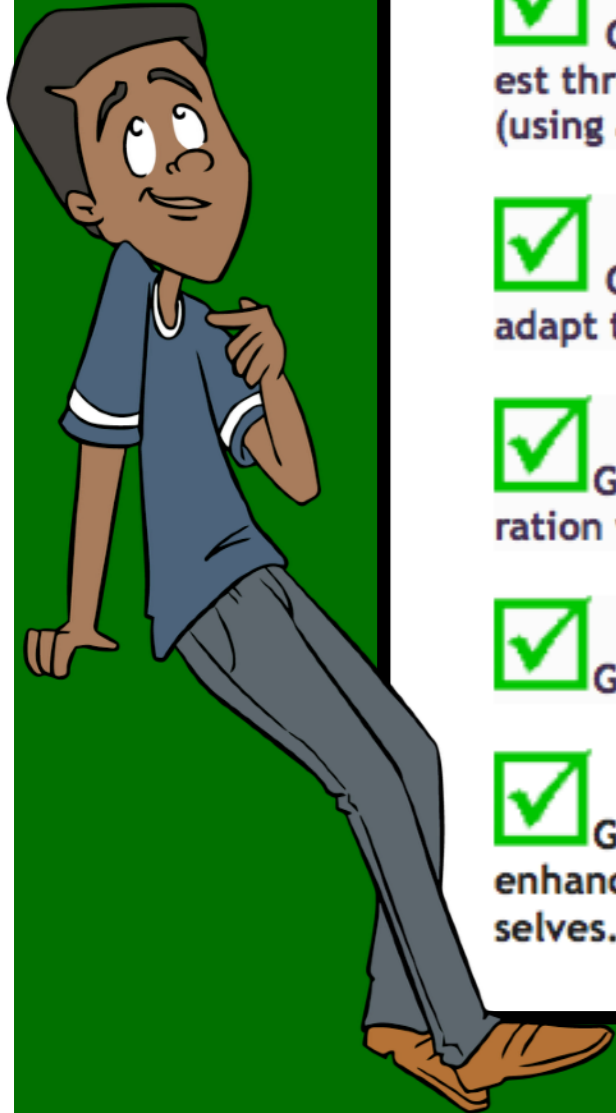
*Autism Spectrum

*Negatively was impacted by COVID-19 and attempted distance learning,

*Require a greater need for supports for employment.

This course is PERFECT for you if you want to get these specific results:

- Getting your students or young adults involved in discovering a career interest through their strengths, personal preferences and emotional self-awareness (using a one-of-a-kind assessment).
- Getting your students or young adults involved in using tools to emotionally adapt to new and unfamiliar people, a job, or college going.
- Getting your students or young adults active in a personalized career exploration with engagement.
- Getting students to a healthy self-image.
- Getting your students or young adults ready for a job/career with tools to enhance self-awareness, on-the-job capability, self-advocacy and belief in themselves.



RECEIVE a DOWNLOADABLE E-Course Workbook 124 pages

What's Inside

- ★ 1 Downloadable Course-Workbook, 124 pages
- ★ 7 Mini-Modules of videos about 3 hours total viewing time. Each lesson inside is a stand-alone video.
- ★ 6 downloadable Planning Templates
- ★ 4 Downloadable Qualitative Evaluation Tools (Student self-assessments). Each with an Answer Key.
 - *Careers, Careers, and More Careers;
 - *Careers & Self-expression-w/Talents and Interests
 - *Careers: How To Make Work - Work For You
 - *Marquette Self-Awareness Assessment© (Includes two forms: a Student Form and a *Professional/ Caregiver Form)
- ★ 2 Downloadable Planning Tools—
 - *The Golden Wheel©,
 - *The Predictability and Engagement Timeline©
- ★ 1 Infographic for planning supports for employment for the student who relies on a greater need for support.
- ★ 2-Downloadable student guided career exploration worksheets.
- ★ 1-Downloadable Student Certificate for Completing this Career Readiness Program
- ★ 1-Downloadable Student Poster: You are a Unique and Valuable Person
- ★ 1-Downloadable Student Signed Agreement to enter career exploration (to be signed by student and encourage h-her intention to explore and learn in a Career Readiness Program.
- ★ 1-Downloadable Career Readiness Program Completion: A Student Checklist

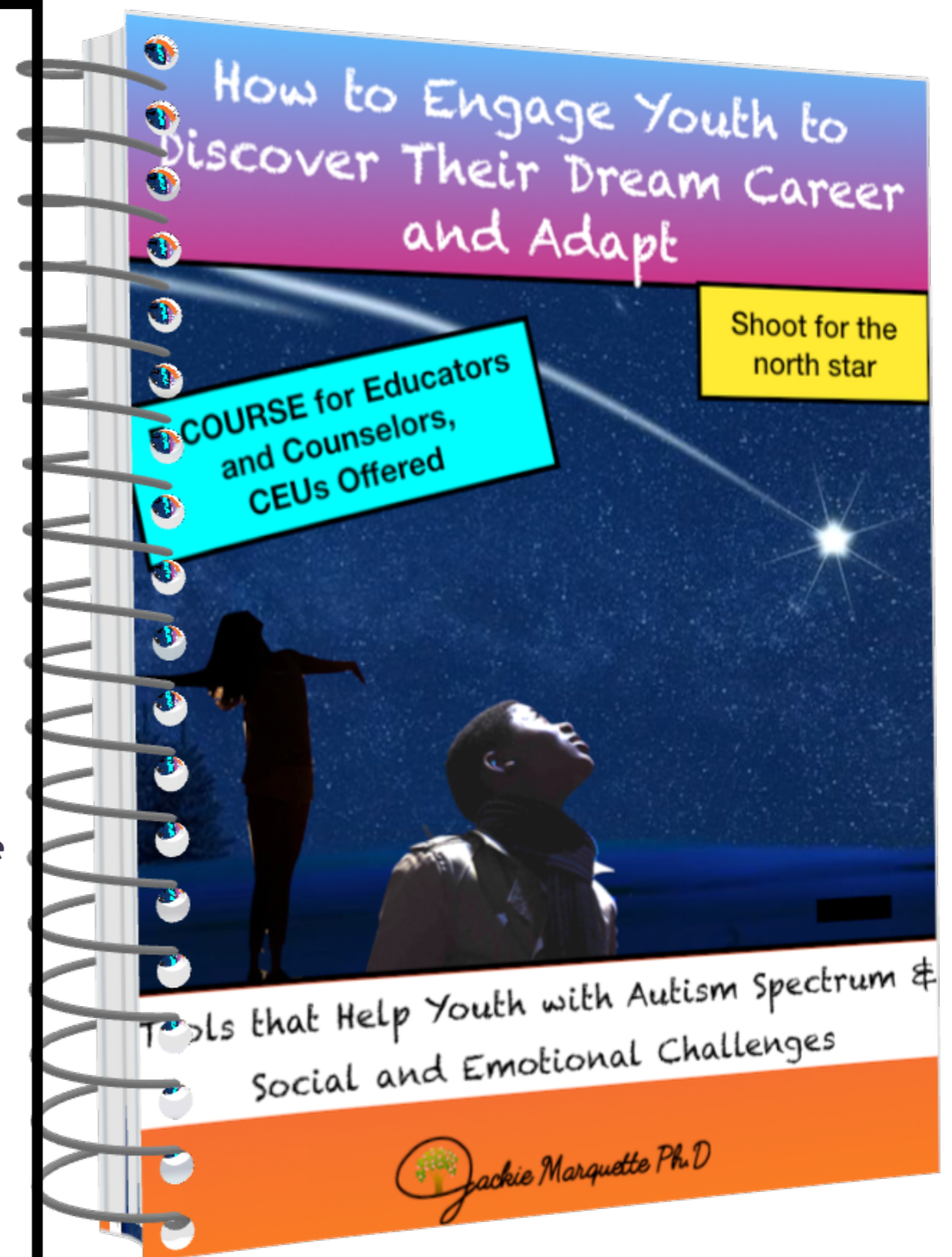


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This Course Includes Three of My TPT Store's Student Resources on Careers



Careers, Careers, and More Careers

Take a drive through your interests
Discover your personalized career direction

Careers, Careers, and More Careers
Self-expression in Interests and Talents

Careers, Careers, and More Careers
Self-expression in Interest and Talents

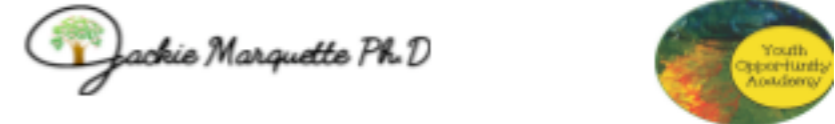
Arts and Talents
Arts and Talents
Arts and Talents
Arts and Talents
Arts and Talents

Take a Drive through Gifts and Talents
Discover Your Career Options



Careers: How to Make Work Work for you.

- Know your personal preferences and how important they are to doing well at work.
- Understand your learning styles.
- Recognize your patterns of doing a task that bring out your best.
- Reduce your anxiety and increase your ease.



Receive Student Agreement, Certificate, and Poster

Career Exploration: Student Agreement

Read the sentences below. I agree with myself to take an important first step. By signing this agreement with yourself, you are giving yourself permission and a goal for you. You are also taking a commitment for you.



I, _____ (your name) accept that my strength is _____ I accept to learn my strengths and challenges for me.

CONGRATULATIONS
YOU JUST COMPLETED THE STRENGTHS
BASED CAREER READINESS PROGRAM

Certificate of Completion



Identified strengths and challenges, skills and talents.
Received career possibilities that match your strengths and needs.
Experienced career exploration.

Recipient's Name: _____

Presented by: _____

Date: _____

YOU ARE A UNIQUE AND VALUABLE PERSON

YOU ARE NOT FLAWED. YOU ARE A UNIQUE PERSON AND YOUR LIFE IS IMPORTANT.

CHOOSE NOT TO GIVE UP ON YOURSELF, EVER.

DON'T CHANGE WHO YOU ARE TO FIT IN A GROUP.

CHOOSE TO SEE THE GOODNESS WITHIN YOU.

CHOOSE TO TRUST YOURSELF AND LEARN WAYS TO KEEP SAFE.

CHOOSE TO ASK FOR HELP WHEN YOU NEED IT.

KNOW YOU ARE WORTHY OF BEING APPRECIATED FOR YOUR PERSONAL CHARACTERISTICS.

CHOOSE TO FIND A HOBBY, JOB, OR CAREER THAT MATCHES YOUR STRENGTHS, INTERESTS, AND PERSONAL PREFERENCES.

CHOOSE TO PRACTICE MOMENTS OF STILLNESS TO REBALANCE YOUR EMOTIONS AND PHYSICAL BODY.

CHOOSE TO BE PATIENT TO HELP SOMEONE WHO WANTS TO HELP YOU.

WHEN YOU ARE FEELING LOW, CHOOSE TO SEEK ONE POSITIVE ACTION TO HELP YOURSELF FEEL BETTER.

CHOOSE TO ACCEPT YOURSELF FOR ALL OF WHO YOU ARE, CAPABILITIES, CHALLENGES, AND UNIQUE CHARACTERISTICS.

CHOOSE TO LISTEN TO OR RELY UPON PEOPLE WHO HAVE YOUR BEST INTERESTS AT HEART.

CHOOSE TO DEVELOP YOUR INTERESTS AND TALENTS, BECAUSE THE WORLD NEEDS YOU.

[Learn More](#)

Jackie Marquette Ph.D.

Make this Career Readiness checklist part of your transition exit program. Teachers and counselors will appreciate the step-by-step process, students will be eager to stay on track helping them move into post high school phase, and parents will be satisfied.

Completion of the S.A.F.E.T.Y. Works® Career Readiness Program.

A Student Checklist



Dear Student,

Congratulations for coming this far in preparing for a career. Now read through the numbered items and check off the tasks you completed. These are the actions you have taken to prepare yourself for a career. Keep all the experiences that you have learned and use them to continue your development. Practice being a self-advocate when set backs happen or when people or situations get out of your control. You are more than a survivor, you are a thriver. Get into the driver's seat of your life and make decisions best for you. I wish you much success.



Check the numbered boxes to show how you have taken part in your career readiness and transition preparation and planning. Check the box if you did it independently and even if you had help.

1	I selected the items that matched my interest/ability in Academic and Cognitive (check even with assistance). <i>The Resource is Careers, Careers, and More Careers</i> . This is a digital, printable, and/or google app which focuses on strengths and interests for a career. Answer Key Provided.
2	I selected the items that matched my interest/ability in Self-Expression (the arts, creativity) <i>Careers & Self-expression-w/Talents and Interests Assessment</i> (digital, printable, and google app). This assessment enables the student to highlight their strengths and capabilities in multiple intelligence framework and offers careers to apply one's talents. Answer Key Provided.
3	I selected the items that matched my interest/ability <i>Careers: How To Make Work - Work For You</i> (digital, printable, and google app) - This resource engages student to examine h-herself closely to see strengths in personal preferences to enhance a good career match. Answer Key Provided.
4	I selected the items that matched my strengths and ability in self-awareness. The resource is <i>The Self-awareness Alternative Form (Student) or (Provider/Parent)</i> Answer Key Provided.
5	I read or reviewed my career options so I can consider exploring a specific career.

6	To increase my knowledge of my strengths, I chose one or more of these activities: a. to make a vision board with pictures of my career possibilities, my personal preferences, and my self-awareness strengths. b. to make a visual written checklist of my career possibilities tied to my interests, personal preferences, and my self-awareness strengths. c. to write an essay about my career possibilities tied to my interests, personal preferences, and my self-awareness strengths. d. other: _____
7	I used the <i>The Predictability Engagement Timeline</i> ®. From the resource <i>Careers: How To Make Work - Work For You</i> Answer Key Provided.
8	I read the example about Anna Marie and how she explored a career interest.
9	I used the questionnaire to explore a career interest. Resource is: Now it is Your Turn: Explore a Career
10	I agreed to read and sign a personal contract with myself. "You are Unique: Make an Agreement with Yourself"
11	I completed the student self-evaluation about my experience in using S.A.F.E.T.Y. Works® Career Readiness Program. I received a certificate for Completing the S.A.F.E.T.Y. Works® Career Readiness Program.

Completion of 'career readiness' program indicates that (name) _____ participated and experienced these eight learning actions for Career Readiness and Transition.

- identified and assessed strengths/challenges in skills and talents.
- identified areas the support needs by looking at personal preferences.
- evaluated self-emotional awareness strengths and challenges.
- received career possibilities that match interests, strengths, and support needs.
- participated in evaluating personalized career matches.
- discovered how to use tools to increase on-the-task capability.
- used or discovered tools to communicate and emotionally adapt.
- experienced self-direction through the career exploration.

What Others' Say:

"Dr. Marquette's integration of mental health concerns, rigidities, social struggles and anxieties is both seamless and well thought out and encourages young students to see themselves more positively and to embrace all that they are and to see that they have important contributions to make in the world.

I believe the Marquette Strengths Index and the Power Practices book should be introduced as part of school transition planning starting in early adolescence."

Book Review - Sheila Mansell, PhD. R. Psych.

"Jackie Marquette provides the guidance and the blueprint for helping professionals and parents move away from a deficit orientation to a celebration of abilities and strengths of persons with autism and related disabilities. By learning to energize the spirit of all persons, regardless of their challenges, we ultimately become more in touch with our own humanity." (book review in *Becoming Remarkably Able*)

--**Barry M. Prizant, Ph.D., CCC-SLP, adjunct professor, Center for the Study of Human Development, Brown University; co-author of the SCERTS TM Model (Social Communication, Emotional Regulation and Transactional Support)**

The comprehensive work presented in this e-course is reflective of 3 decades of my lived experiences based on what I struggled through, what I learned, and what I loved.

Email me your questions or comments:

drjackiemarquette.com

With love.,

Jackie

 Jackie Marquette Ph.D